

# General Grief Support Group

Tuesdays, 8 weeks, starting October 4

2:30 – 4:00 p.m.

Registration is required. Call 301-600-6350 or email [ckirby@frederickcountymd.gov](mailto:ckirby@frederickcountymd.gov) to complete your registration.

Facilitated by Allyson Gaffigan, LMSW, Bereavement Counselor from Frederick Health Hospice.

This group is designed to provide support to individuals who have experienced the death of a loved one. Being with individuals who have had similar experiences and feelings allows sharing and healing to take place, and this group provides a safe place where group members can share their story and express their grief.



Emmitsburg 50+ Community Center

300 S. Seton Ave, Emmitsburg MD 21727, Lower Level

301-600-6350

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